

Monday	Tues.	Wednesday	Thurs.	Friday	Sat.	Sun.
<p>Save the Date: August 17th – National Fajita Day Luncheon <i>(one day early)</i></p>		<p>1</p> <p>NO OASIS - Canada Day</p>	<p>2</p>	<p>3</p> <p>9:00 – Member Led Coffee and Chat 12:00 – Brick and Barrell Luncheon Tiffany Off – Vacation Day</p>	<p>4</p>	<p>5</p>
<p>6</p> <p>9:00 – Coffee and Chat 10:00 – VON Exercise 11:00 – Book Club 1:00 – BINGO</p>	<p>7</p>	<p>8</p> <p>9:00 – Coffee and Chat 10:00– Planning Meeting</p>	<p>9</p>	<p>10</p> <p>9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Oasis Music Jam & Karaoke</p>	<p>11</p>	<p>12</p>
<p>13</p> <p>9:00 – Coffee and Chat 10:00 – VON Exercise 12:00 – Tiffany in Meeting 1:00 – Qigong Exercise</p>	<p>14</p>	<p>15</p> <p>9:00 – Coffee and Chat 10:00 – Zumba Gold</p>	<p>16</p>	<p>17</p> <p>9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Board Games! Bring one, Join One *Last day for Good Food Box Payment*</p>	<p>18</p>	<p>19</p>
<p>20</p> <p>9:00 – Coffee and Chat 10:00 – VON Exercise 1:00 – BINGO</p>	<p>21</p>	<p>22</p> <p>9:00 – Coffee and Chat 10:00 – Zumba Gold</p>	<p>23</p>	<p>24</p> <p>9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Christmas in July</p>	<p>25</p>	<p>26</p>
<p>27</p> <p>9:00 – Coffee and Chat 10:00 – VON Exercise 12:00 – Ethnic Potluck Lunch 1:15 – BINGO</p>	<p>28</p> <p>Good Food Box Pickup 2-3 Kenron Rec Hall</p>	<p>29</p> <p>9:00 – Coffee & July Birthday Celebrations 10:00 – Zumba Gold</p>	<p>30</p>	<p>31</p> <p>9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Cricut Creation</p>		



NEW

Brick and Barrell Off-Site Luncheon

Sign-up within the Kenron Rec Hall so we can make a reservation for smooth serving.

Book Club

Book lover's Unite! Meet with us monthly to discuss your favorite read of the month! New members are always welcome to drop in to listen and/or discuss!

Knitting Club

We will be postponing Knitting Club until September when the cooler days set in! 😊

Ethnic Potluck Lunch

Join us as we celebrate Canada Day and the rich diversity of our community. Bring a dish that reflects your cultural heritage and enjoy sharing food, traditions, and stories from the many ethnic backgrounds that make Canada strong and vibrant. 🍁 If you find this challenging, bring your favourite dish as normal, no pressure at all, just an idea!

Oasis Music Jam and Karaoke

If you like to sing, play an instrument or like to listen to good music and dance, come spend the afternoon with us! We will alternate Musician talent with Karaoke! All is welcome, let's try something new!

Good Food Box

\$5 – Fruit Bag

\$10 – Vegetable Box

Payment by July 17th 12pm

Pickup July 28th 2pm - Kenron Rec Hall

Christmas in July

It's become one of our Oasis Traditions to celebrate Christmas in July! Feel free to bring your grandkids as it counts as an intergenerational program for Oasis! We will have some games, singing/dancing and of course our \$10 gift exchange. You do not have to participate in the exchange, if you choose to participate, please bring a gift that is generic for all to enjoy!

Board Games! Bring one, Join one!

If you love playing games, this afternoon is calling your name! Bring your positive attitude and friendly competition. We will have some fun and laughs! You can choose to play one of the many we have or bring your own as we are open to try something new!

Cricut Creation

Kathryn will be with us to help us create some Oasis themed clothing and swag! Please bring your own t-shirt, sweaters or swag. Shifts and sweaters can be purchased at Micheals, Walmart or the T-shirt store across from the food court in the mall! If you would like to participate and are unable to get your own clothing, speak to me privately and I'll make it happen for you discretely!

PROGRAMS