




# SEPTEMBER 2022



MON	TUE	WED	THU	FRI
<p>29 <b>Coffee &amp; Chat</b> 9am - 10am <b>Line Dancing</b> 10am - 11am <b>Potluck Lunch</b> 12pm <b>Games</b> 1pm - 3pm</p>	<p>30 <b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>31 <b>Coffee &amp; Chat</b> 9am - 12pm</p>	<p>1 <b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>2 <b>Kurstin Away - No Oasis Programming</b> </p>
<p>5 <b>Happy Labor Day!</b> </p>	<p>6 <b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>7</p>	<p>8 <b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>9 <b>Coffee &amp; Chat</b> 9am - 10am <b>Exercise</b> 10am - 11am <b>BINGO</b> 1pm - 3pm</p>
<p>12 <b>Oasis Planning Meeting</b> 9am - 10am <b>Line Dancing</b> 10am - 11am <b>Community Kitchen - \$8</b> 1pm - 3pm <b>Meat &amp; Cheese Lasagna Layered Salad</b></p>	<p>13 <b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>14</p>	<p>15 <b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>16 <b>Coffee &amp; Chat</b> 9am - 10am <b>Exercise</b> 10am - 11am <b>BINGO</b> 1pm - 3pm</p>
<p>19 <b>Coffee &amp; Chat</b> 9am - 10am <b>Line Dancing</b> 10am - 11am <b>Potluck Lunch</b> 12:30pm <b>Community Health Centre Presentation</b> 2:30pm - 3:30pm</p>	<p>20 <b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>21</p>	<p>22 <b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>23 <b>Kurstin Away - No Oasis Programming</b> </p>
<p>26 <b>Coffee &amp; Chat</b> 9am - 10am <b>Line Dancing</b> 10am - 11am <b>Community Kitchen - \$8</b> 1pm - 3pm <b>Mild Beef Chili</b> <b>Chopped Salad</b></p>	<p>27 <b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>28</p>	<p>29 <b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>30 <b>Coffee &amp; Chat</b> 9am - 10am <b>Exercise</b> 10am - 11am <b>Cricut 101 - Fall Signs</b> 1pm - 4pm <b>**Sign up required**</b></p>