

MARCH 2022



MON	TUE	WED	THU	FRI
<p>28</p> <p>Drop-In Visits 9am - 10am</p> <p>Line Dancing 10am - 11am</p> <p>Crafts & Games 1pm - 3pm</p>	<p>1</p> <p>VON SMART Exercise 11am - 12pm</p>	<p>2</p> <p>Virtual Walk At Home Exercise 10am - 11am</p>	<p>3</p> <p>VON SMART Exercise 12pm - 1pm</p>	<p>4</p> <p>Coffee & Chat 9am - 10am</p> <p>Exercise 10am - 11am</p> <p>Meal Kit Program - \$10 Turkey Taco Rice Bowls 1pm - 3pm (Pick-up)</p>
<p>7</p> <p>Coffee & Chat 9am - 10am</p> <p>Line Dancing 10am - 11am</p> <p>Crafts & Games 1pm - 3pm</p>	<p>8</p> <p>VON SMART Exercise 11am - 12pm</p>	<p>9</p> <p>Virtual Walk At Home Exercise 10am - 11am</p>	<p>10</p> <p>VON SMART Exercise 12pm - 1pm</p>	<p>11</p> <p>Coffee & Chat 9am - 10am</p> <p>Exercise 10am - 11am</p> <p>Meal Kit Program - \$10 Salisbury Steak 1pm - 3pm (Pick-up)</p>
<p>14</p> <p>Coffee & Chat 9am - 10am</p> <p>Line Dancing 10am - 11am</p> <p>Community Kitchen - \$6 Meat & Cheese Lasagna No-Bake Squares 1pm - 3pm</p>	<p>15</p> <p>VON SMART Exercise 11am - 12pm</p>	<p>16</p> <p>Virtual Walk At Home Exercise 10am - 11am</p>	<p>17</p> <p>VON SMART Exercise 12pm - 1pm</p>	<p>18</p> <p>Coffee & Chat 9am - 10am</p> <p>Exercise 10am - 11am</p> <p>Alzheimer Society Presentation 1pm - 2:30pm</p>
<p>21</p> <p>Oasis Planning Meeting 9am - 10am</p> <p>Line Dancing 10am - 11am</p> <p>Crafts & Games 1pm - 3pm</p>	<p>22</p> <p>VON SMART Exercise 11am - 12pm</p>	<p>23</p> <p>Virtual Walk At Home Exercise 10am - 11am</p>	<p>24</p> <p>VON SMART Exercise 12pm - 1pm</p>	<p>25</p> <p>Coffee & Chat 9am - 10am</p> <p>Exercise 10am - 11am</p> <p>Meal Kit Program - \$10 BBQ Chicken Burgers 1pm - 3pm (Pick-up)</p>
<p>28</p> <p>Coffee & Chat 9am - 10am</p> <p>Line Dancing 10am - 11am</p> <p>Community Kitchen - \$6 Cheesy Chicken Broccoli Rice Caramel Apple Dump Cake 1pm - 3pm</p>	<p>29</p> <p>VON SMART Exercise 11am - 12pm</p>	<p>30</p> <p>Virtual Walk At Home Exercise 10am - 11am</p>	<p>31</p> <p>VON SMART Exercise 12pm - 1pm</p>	<p>Sign-up required for Community Kitchen and Meal Kit program by the <u>Friday before</u> the cooking/pick-up date.</p>