

# DECEMBER 2021



MON	TUE	WED	THU	FRI
All activities, unless indicated, are free and occur at the Kenron Recreation Centre.				
Program Coordinator: Kursstin Salisbury k.salisbury@queensu.ca - 343-363-5815				
6 Oasis Data Collection 9am - 3pm *By Appointment	7 VON SMART Exercise 11am - 12pm	8 Oasis Data Collection 9am - 11am *By Appointment	9	10 Coffee & Chat 9am - 10am Alzheimer Society Presentation 10am - 11:30am Oasis Exercise 1pm - 2pm
13 Coffee & Chat 9am - 11am	14 VON SMART Exercise 11am - 12pm	15 Kursstin Off-Site Line Dancing 10am - 11am	16	17 Coffee & Chat 9am - 10am Alzheimer Society Presentation 10am - 11:30am Oasis Exercise 1pm - 2pm
20 Coffee & Chat 9am - 11am Oasis Holiday Celebration 1pm - 3pm	21 Kursstin on Holiday VON SMART Exercise 11am - 12pm	22 Kursstin on Holiday	23 Kursstin on Holiday	24 Kursstin on Holiday <i>WE R R Y</i> <i>christmas</i>
27 Queen's University Holiday Closure No Oasis Programming	28 Queen's University Holiday Closure No Oasis Programming	29 Queen's University Holiday Closure No Oasis Programming	30 Queen's University Holiday Closure No Oasis Programming	31 Queen's University Holiday Closure No Oasis Programming <b>NEW YEAR'S EVE</b>