


NOVEMBER 2022



MON	TUE	WED	THU	FRI
31 Coffee & Chat 9am - 10am Line Dancing 10am - 11am Potluck Lunch 12pm Crafts & Games 1pm - 3pm	1 VON SMART Exercise 12pm - 1pm	2 	3 VON SMART Exercise 12pm - 1pm	4 Coffee & Chat 9am - 11am Exercise 11am - 12pm BINGO 1pm - 3pm
7 Coffee & Chat 9am - 11am Line Dancing 11am - 12pm CHS Hearing Screening Clinic *Sign up required* 1pm - 3pm	8 VON SMART Exercise 12pm - 1pm	9 	10 VON SMART Exercise 12pm - 1pm	11 Oasis Planning Meeting 9am - 11am Exercise 11am - 12pm Community Kitchen - \$8 1pm - 4pm Meatloaf & Mashed Potatoes Mars Bars Squares
14 Coffee & Chat 9am - 11am Line Dancing 11am - 12pm Crafts & Games 1pm - 3pm	15 VON SMART Exercise 12pm - 1pm	16 	17 VON SMART Exercise 12pm - 1pm	18 Kurstin Away - No Oasis Programming 
21 Coffee & Chat 9am - 11am Line Dancing 11am - 12pm Holiday Shadow Boxes - \$10 *Sign up required* 1pm - 4pm	22 VON SMART Exercise 12pm - 1pm	23 	24 VON SMART Exercise 12pm - 1pm	25 Coffee & Chat 9am - 11am Exercise 11am - 12pm Community Kitchen - \$8 1pm - 4pm Lazy Cabbage Rolls & Biscuits Brownie Mousse Cups
28 Coffee & Chat 9am - 11am Line Dancing 11am - 12pm Potluck Lunch 12:30pm CALC Presentation 2pm - 3pm	29 VON SMART Exercise 12pm - 1pm	30 	All programming is free, unless indicated otherwise! See program flyers for more details on programs. Line Dancing: All levels are welcome, especially beginners! VON SMART: Fee of \$2 per class, payable at class time. Community Kitchen: Cook together & take your food home. If you rather not cook, come & socialize or play games with others instead. Potlucks: Bring a dish to share and your own plates/utensils.	