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September 2026

Monday	Tues.	Wednesday	Thurs.	Friday	Sat.	Sun.
	1	2 9:00 – Coffee and Chat 10:00 – Zumba Gold 11:00 – Knitting Club	3	4 9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Community Kitchen Planning Meeting	5	6
7 NO OASIS – Labour Day Holiday	8	9 9:00 – Member Led Coffee and Chat Tiffany Off - Vacation	10	11 9:00 – Member Led Coffee and Chat 1:00 – Member Led Bingo Tiffany Off - Vacation	12	13
14 9:00 – Coffee and Chat 10:00 – VON Exercise 11:00 – Book Club 1:00 – OPP Presentation <i>*Last day of Good Food Box Payment*</i>	15	16 9:00 – Coffee and Chat 10:00– Planning Meeting	17	18 9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Oasis Music Jam & Karaoke	19	20
21 9:00 – Coffee and Chat 10:00 – VON Exercise 12:00 – Movie & Munch (Bring your own lunch or Sign-up for Pizza provided by Oasis)	22 Good Food Box Pickup 2pm Kenron Rec Hall	23 9:00 – Member Led Coffee and Chat Tiffany away at Oasis Summit in Kingston	24	25 9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Community Kitchen \$10	26	27
28 9:00 – Coffee and Chat 10:00 – VON Exercise 12:00 – Potluck Lunch 1:15 – BINGO	29	30 9:00 – Coffee & September Birthday Celebrations 10:00 – Zumba Gold		Save the Date: Mon. Oct 5 th 1pm: Oasis Open House Thurs. Oct. 22 nd 10-11: Yard Sale Donation Thurs. Oct. 22 nd 11-3: Setup Thurs. Oct. 22 nd 4-6: Yard Sale <i>Kenron Only</i> Fri. Oct. 23 rd 8-2: Yard Sale <i>Open to Public</i>		



NEW

Knitting Club

We're back for the fall and winter season! Join us for friendship, creativity, and conversation while learning, sharing skills, or simply enjoying time together. We'll also discuss ways our projects can support charitable causes. 😊

Book Club

Book lover's Unite! Meet with us monthly to discuss your favorite read of the month! New members are always welcome to drop in to listen and/or discuss!

Good Food Box

\$5 – Fruit Bag

\$10 – Vegetable Box

Payment by Sept. 14th 12pm

Pickup Sept. 22nd 2pm -
Kenron Rec Hall

Please be at the hall by 1:45pm as volunteers may run early.

Oasis National Summit – Tiffany Away in Kingston

Once a year, Oasis sites across Canada meet to connect and share updates! I will be away sharing the love and light Kenron Oasis shines to our community!

Community Kitchen Planning Meeting

Join us as we gather to share meal ideas, bring your creativity, and help plan future community kitchen events. This is a great opportunity to share your thoughts, contribute suggestions, and bring some uplifting energy to our kitchen team. We will also review important food handling updates to help ensure our meals continue to be safe, enjoyable, and successful for everyone.

Movie & Munch

Relax, enjoy a great movie, and spend time with friends at our Movie & Munch gathering! We'll vote together to choose the movie we want to watch, then sit back and enjoy the show. Bring your own lunch, enjoy some popcorn and snacks, or sign up ahead of time to order pizza, courtesy of Oasis.

OPP Presentation

Join our OPP guest speaker for an informative talk on fraud prevention and wellness checks, helping keep our community safe, informed, and connected.

Oasis Music Jam and Karaoke

If you like to sing, play an instrument or like to listen to good music and dance, come spend the afternoon with us! We will alternate Musician talent with Karaoke or singalong as a group! All is welcome, it's such a positive and heartwarming afternoon!

Community Kitchen

Meal will be determined at our Community Kitchen Planning Meeting, so stay tuned for our meal update!

PROGRAMS

