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August 2026

Monday	Tues.	Wednesday	Thurs.	Friday	Sat.	Sun.
					1	2
3 NO OASIS – Civic Holiday	4	5 9:00 – Coffee and Chat 10:00 – Planning Meeting	6	7 9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Family Feud	8	9
10 9:00 – Coffee and Chat 10:00 – VON Exercise 11:00 – Book Club 12:00 – Tiffany in Meeting 1:15 – Qigong Exercise, Meditation & Mindful Adult Colouring	11	12 9:00 – Member Led Coffee and Chat 10:00 – Member Led Oasis Hall Cupboards Cleanout & Inventory NO OASIS – Tiffany Holiday	13	14 9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Oasis Music Jam & Karaoke <i>*Last day for Good Food Box Payment*</i>	15	16
17 9:00 – Coffee and Chat 10:00 – VON Exercise 12:00 – Fajita Luncheon 1:15 – BINGO	18	19 9:00 – Coffee and Chat 10:00 – Zumba Gold	20	21 9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Bring Your Grandchildren Day: Minute-it-to-win-it Games	22	23
24 9:00 – Coffee and Chat 10:00 – VON Exercise 1:00 – BINGO	25 Good Food Box Pickup 2pm Kenron Rec Hall	26 9:00 – Coffee & August Birthday Celebrations 10:00 – Zumba Gold	27	28 9:00 – Coffee and Chat 10:00 – Mini Zumba Gold 10:30 – Seated Band Exercise 1:00 – Craft Centers	29	30
31 9:00 – Coffee and Chat 10:00 – VON Exercise 12:00 – Potluck Lunch 1:15 – BINGO				Save the Date: Sept. 4th – Community Kitchen Meeting Sept. 14th – OPP Presentation Sept. 18th – Oasis Music Jam & Karaoke Sept. 25th – Community Kitchen \$10		



NEW

Planning Meeting

If you live in Kenron, you are part of Oasis! Oasis thrives on member-led programming which means you share your ideas and your program coordinator tries to make them happen! Join us at this monthly meeting to help us plan next month's calendar.

Book Club

Book lover's Unite! Meet with us monthly to discuss your favorite read of the month! New members are always welcome to drop in to listen and/or discuss!

Fajita Luncheon

Join us for a delicious free luncheon featuring fajitas! A fajita is a popular Mexican-inspired dish made with seasoned grilled strips of chicken, sautéed peppers and onions, and served in a warm flour tortilla with your choice of tasty toppings. Come enjoy great food, good company, and a fun afternoon together!

Family Feud

Get ready for laughs, friendly competition, and plenty of fun! Teams will work together to guess the most popular survey answers in this exciting game inspired by the classic TV show. No experience needed—just bring your sense of humour and team spirit!

Member Led Oasis Hall Cupboards Cleanout & Inventory

Work together to organize the storage container cupboard and record inventory of our community kitchen supplies!

Bring Your Grandchildren Day: Minute-to-win-it Games

Join us for a fun-filled afternoon of easy, one-minute games designed for all abilities. Enjoy light-hearted challenges, lots of laughter, and friendly teamwork as we see what can be accomplished in just 60 seconds. Come for the fun, the smiles, and the great company! Feel free to bring your children or grandchildren to make it an Oasis multi-generational program 😊

Oasis Music Jam and Karaoke

If you like to sing, play an instrument or like to listen to good music and dance, come spend the afternoon with us! We will alternate Musician talent with Karaoke or Singalong as a group! All is welcome, let's try something new!

Good Food Box

\$5 – Fruit Bag
\$10 – Vegetable Box
Payment by Aug. 14th 12pm
Pickup Aug 25th 2pm - Kenron Rec Hall
Please be at the hall by 1:45pm incase they are early

Craft Centers

Let your creativity shine at our craft centers! Choose from a variety of fun, hands-on activities, including painting rocks, decorating flowerpots, creating a canvas masterpiece, or trying pistachio shell art. Whether you're an experienced crafter or just looking to have some fun, there's something for everyone to enjoy in a relaxed and friendly atmosphere.

PROGRAMS

