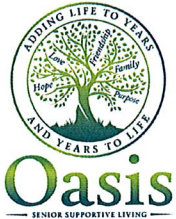





# DECEMBER 2022



MON	TUE	WED	THU	FRI
<p>28 <b>Coffee &amp; Chat</b> 9am - 11am</p> <p><b>Line Dancing</b> 10am - 11am</p> <p><b>Potluck Lunch</b> 12pm</p> <p><b>CALC Presentation</b> 2pm - 3pm</p>	<p>29</p> <p><b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>30</p>	<p>1</p> <p><b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>2 <b>Coffee &amp; Chat</b> 9am - 11am</p> <p><b>Exercise</b> 11am - 12pm</p> <p><b>Christmas Card Making - \$5</b> <i>*Sign up - FULL</i> 1pm - 4pm</p>
<p>5 <b>Coffee &amp; Chat</b> 9am - 11am</p> <p><b>Line Dancing</b> 10am - 11am</p> <p><b>CHS Hearing Screening Clinic</b> <i>*Sign up required</i> 1pm - 3pm</p>	<p>6</p> <p><b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>7</p>	<p>8</p> <p><b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>9 <b>Oasis Planning Meeting</b> 9am - 11am</p> <p><b>Exercise</b> 11am - 12pm</p> <p><b>Community Kitchen - \$8</b> 1pm - 4pm <i>Check flyer for recipes</i></p>
<p>12 <b>Coffee &amp; Chat</b> 9am - 11am</p> <p><b>Line Dancing</b> 10am - 11am</p> <p></p> <p><b>Holiday Party</b> 1pm - 3pm</p>	<p>13</p> <p><b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>14</p>	<p>15</p> <p><b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>16 <b>Coffee &amp; Chat</b> 9am - 11am</p> <p><b>Exercise</b> 11am - 12pm</p> <p><b>BINGO</b> 1pm - 2pm</p>
<p>19 <b>Kurstin Away -</b> <b>No Oasis Programming</b></p> <p></p>	<p>20</p> <p><b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>21</p>	<p>22</p> <p><b>VON SMART Exercise</b> 12pm - 1pm</p>	<p>23 <b>Kurstin Away -</b> <b>No Oasis Programming</b></p> <p></p>
<p>26 <b>Queen's University</b> <b>Holiday Closure</b></p>	<p>27 <b>Queen's University</b> <b>Holiday Closure</b></p>	<p>28 <b>Queen's University</b> <b>Holiday Closure</b></p>	<p>29 <b>Queen's University</b> <b>Holiday Closure</b></p>	<p>30 <b>Queen's University</b> <b>Holiday Closure</b></p>