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# Emergency preparedness

View the City's emergency plan and get recommendations on how you should be prepared.

[Home](#) • [Community services](#) • [Quinte West Fire/Rescue](#) • [Emergency preparedness](#)

The [get prepared](#) campaign encourages Canadians to be prepared to cope on their own for at least the first 72 hours of an emergency, enabling first responders to focus on those in urgent need.

Emergencies can and do happen, often without warning. The City of Quinte West has a community emergency response plan in place for the coordination and implementation of all required services in the event of a natural or man-made emergency. The emergency response plan will also be implemented when resources are called upon to assist other municipalities needing emergency assistance.

The purpose of the emergency response plan is to comply with the [Emergency Management and Civil Protection Act](#) (Section 3), and [Ontario Regulation 380/04](#) that requires a municipality to have an emergency plan and an emergency response plan in place. This plan is established by By-law, a Council-approved policy document titled: [Municipal emergency plan](#).

Everyone in your family needs to know what to do before, during and after an emergency. As a family, it is recommended to plan and discuss how you can best prepare for the most likely hazards that will affect your home. If you live alone, make a plan for yourself and make sure you talk about it with your neighbours and friends. [This guide](#) will provide you with the information, lists, and template to make sure you are prepared for an emergency.

## Other resources:

- Learn more about [emergency preparedness](#) through Hastings Prince Edward Public Health Unit.
- Learn about [flood levels](#) in Quinte West
- Learn more about Quinte West [Emergency Notification System](#); An emergency notification system warns the public in emergencies such as chemical spills, a fire or a boil water advisory.

## Personal emergency preparedness

At any time, in any location, and without any warning, an emergency could happen. Troubles can be as diverse and unpredictable as severe weather, power outages, earthquakes, flooding, heat emergencies, water contamination, infectious disease, and train or aircraft incidents. Whether it's a natural or man-made disaster, you can be prepared.

The City of Quinte West has an emergency response plan to guide us through a disaster and help our community by delivering essential services in an emergency.

On the individual level, you and the people important to you must be prepared in the event of an emergency. Having a plan for 72 hours to take care of yourself and those around you and knowing what to do when a disaster strike is critical. This will help you control the situation and better enable you to recover when the emergency passes.

We are pleased to provide the following personal emergency preparedness guide. The guide outlines common-sense steps that you can take today to ensure that you are prepared if and when an emergency occurs.

Please take the time to look through the information on this site. Review it with your family, and take these necessary steps to help reduce the stress and impact of dealing with an emergency.

## Be prepared

Have a plan. Make sure everyone in your family knows what to do before, during, and after an emergency. If you live alone, develop a plan for yourself that involves links to neighbours and friends.

Have a meeting this week to talk about how best to prepare for an emergency. And when you do, use the following checklist to guide you through the process.

A 72 Hour Kit needs to be available and ready to go.

### Emergency Checklist:

[Home escape plan](#)

[List of emergency phone numbers](#)

[When you should call 9-1-1](#)

[Emergency food and water supply](#)

[First aid kit](#)

[Emergency car kit](#)

[Emergency survival kit](#)

[Emergency family documents kit](#)

[Insurance coverage](#)

[Plan for individuals with special needs](#)

[Plan for home health care patients](#)

[Plans for pets](#)

[Locate and label shut-off switches](#)

[What to do if you live in a high rise building](#)

### After a disaster

[How to get back on track](#)

[How to help your children](#)

Visit the [Emergency Management Ontario](#) website for essential emergency information.

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